

Meals and Locations

➤ Ark Aid Mission	Weekends: Coffee & light snacks Mon-Fri: Dine-in (Indoor hours for community members: Weekends: 9:00 a.m. to 8:00 p.m. Mon-Fri: 1:00 p.m. to 8:00 pm)	➤ St. Francis – St. Martin	Dine-in
➤ Calvary United	Dine-in	➤ St. George's Anglican	Dine-in
➤ Church of the Ascension	1 st Tuesday: Bagged lunch - 3 rd Tuesday: Dine-in	➤ St. John the Divine Church Hall	Dine-in hot meal and hospitality for the last ½ hour
➤ Hyatt Mosque	Curbside pick-up	➤ St. John the Evangelist	Tuesdays: Dine-in only - Saturdays: Dine-in until 5:00 pm & Take-out until 5:30 pm
➤ Jewish London***	*** <i>Big Warm Hug Program</i> (First annual): Hot meal, groceries and food giveaways, as well as toiletries and lightly used clothing	➤ St. Jude's (The Church of St. Jude)	Dine-in / Take-out
➤ London Coffee House	Light meals & snacks	➤ St. Michael's	Dine-in
➤ My Sister's Place	Women 16 years old and older ONLY (Monday-Friday from 5:00 to 6:00 p.m. snacks only, basic needs and harm reduction. Saturday-Sunday – Snacks only)	➤ St. Paul's Social Services (a.k.a. Paul's Place)	Dine-in
➤ Rowntree Memorial	Dine-in	➤ Youth Action Centre	Youth 16 to 24 years old ONLY
➤ Salvation Army Food Truck – Operation Mobilizing Hope	My Sister's Place location: 566 Dundas Street London Coffee House location: 371 Hamilton Road Watson Park location: off Wellington Road	➤ St. Joseph's Hospitality Centre ➤ (St. Joe's Café) (Not in the free meal calendar) (602 Queens Ave)	➤ Monday-Friday: Breakfast: 9:30 - 11am, Lunch: 12-1:30pm ➤ Saturday complimentary meal: 11:00am -12:45 pm ➤ Daily fee: \$0.50 breakfast, \$1 lunch ➤ Monthly Meal Plan: \$20.00 ➤ ID Required
➤ Salvation Army at Westminster Park Community Church	Dine-in / Take-out		
➤ St. Andrew Memorial	Dine-in		

Meal Programs and Food Bank Locations

Meal Programs and Locations	Food Bank Locations
Ark Aid Street Mission 696 Dundas St Calvary United Church 290 Ridout St South @ Garfield Ave Church of the Ascension 2060 Dundas St (between Speight and Carlyle) Dundas Street Centre United Church 482 Dundas St @ Maitland St First Baptist Church 568 Richmond St @ Albert St Good News Church 476 Clarke Rd Hyatt Mosque - Muslim Soup Kitchen 282 Hamilton Rd @ Little Hill St Jewish London 536 Huron Street	Chalmers Presbyterian Church Care & Share Food Bank Program 342 Pond Mills Rd @ Commissioners Rd. East Wednesdays from 12:00 - 1:00 pm***, area residents, once per month. Appointment required. Call Tuesday by 2:00 pm (519) 681-7242 or email office@chalmerslondon.com Crouch Neighbourhood Resource Centre (Community Food Cupboard) - Serves postal codes N5W 0,1,2,3 & 6; N5Y 3; N5Z 1 & 2; N6A 3 & 5; N6B 1 & 2 550 Hamilton Rd; Monday – Friday from 9:00 am – 12:00 pm and from 1:00 pm – 4:00 pm; food, hygiene and baby items ELUCO (Gethsemane Gardens) 1461 Huron St @ Sandford St; Wednesday-Friday 9:30 am - 12:00 pm. Appointment required (519) 451-0600. Area residents only. Families First CAPC Baby Food and Diaper Cupboard (Available for infants and their families) Family Centre Westminster @ 690 Osgoode Dr; Monday-Friday from 9:00 am - 4:00 pm, (519) 649-1248. Glen Cairn Community Resource Centre (Emergency Food Kits) 244 Adelaide St. South; Monday, Tuesday & Thursday 9:30 am-2:30 pm & Wednesday 9:00 am - 12:00 pm. Must show proper ID (Driver's License, Health card or ODSP/OW paperwork) for all living in the home. Bread provided by Holy Trinity St. Stephen's Memorial Anglican Church. Call (519) 668-2745 or email jwalmsley@gccrc.ca . Halal Food Bank Canada

Meal Programs and Food Bank Locations

Meal Programs and Locations	Food Bank Locations
<p>London Coffee House 371 Hamilton Rd</p> <p>My Sister's Place - Women's Only Program 566 Dundas St (between William & Adelaide)</p> <p>Rowntree Memorial United Church 156 Elliot St @ Cheapside St</p> <p>St. Andrew Memorial Church 55 Foxbar Rd @ Wellington Rd</p> <p>St. Francis – St. Martin Catholic Parish 46 Cathcart St @ Duchess Ave</p> <p>St. George's Anglican Church 227 Wharncliffe Rd North @ St. Patrick St</p> <p>St. James Westminster Church 115 Askin St @ Wortley Rd</p> <p>St. John the Divine Parish @ 390 Baseline Rd West</p> <p>St. John the Evangelist Anglican Church 280 St. James St @ Wellington St</p> <p>St. Joseph's Hospitality Centre 602 Queens Ave (St Joe's Café)</p> <p>St. Jude's (The Church of St. Jude) 1537 Adelaide St North @ Fanshawe Park Rd E</p> <p>St. Luke's Anglican Church 1204 Richmond St North @ Bernard Ave</p> <p>St. Michael's Catholic Parish* 511 Cheapside St @ Maitland St</p> <p>St. Paul's Anglican Cathedral (St. Paul's Social Services, a.k.a. Paul's Place) 472 Richmond St @ Queens Ave</p>	<p>*NEW LOCATION 1299 Oxford Street East, Unit 80-E (inside the mall, near Food Basics) Open Sunday - Wednesday 11:00 am - 2:00 pm. Once a month visit by appointment only. info@halalfoodbank.ca, (519) 933-9877 Register at: https://forms.gle/hV5A2hFfAiNv1is16</p> <p>London Food Bank and Mobile Units *ONE VISIT PER MONTH: PLEASE NOTE THAT A VISIT TO ANY OF THE LOCATIONS BELOW IS YOUR FOOD BANK VISIT FOR THE MONTH*</p> <ul style="list-style-type: none"> ➤ Crouch Neighbourhood Resource Centre - Serves postal codes N6B, N5W, N5Z Egerton Baptist Church @ 209 Egerton St., (519) 642-7630 email info@crouchnrc.org, Fridays 1:30 - 2:30 pm. No appointment necessary. ➤ Fiddlers Green Satellite hosted by Northwest LRC - Serves postal code N6H Oakridge Presbyterian Church @ 970 Oxford St. West. Appointment required. (519) 471-8444 Ext. 0, 3rd Thursday of the month <u>ONLY</u>, 1:00 – 3:00 pm. ➤ London and Area Food Bank- All 926 Leathorne St. No appointments required. Monday-Friday 9:00 am - 4:00 pm, (519) 659-4045. ➤ LUSO Community Services - Serves postal codes N5V, N5W, N5X & N5Y Appointment required: call/text (519) 520-7638 to register by 12:00 pm the day before or email mikyla@lusocentre.org, Wednesday & Friday 10:00 am - 12:00 pm. Locations vary. Please call LUSO. ➤ Northwest London Resource Centre - Serves postal codes N6G & N6H 1225 Wonderland Rd North, Unit 27A (at back of Sherwood Forest Mall, close to Goodwill Donation Centre). Appointments preferred. Call Rachael at (519) 471-8444 Ext 0, Monday - Saturday 11:00 am-4:00 pm. ➤ South London Neighbourhood Resource Centre - Serves postal codes N6C, N6E, N6K, N6J, N6P and N6L 1119 Jalna Blvd (Jalna, south of Bradley inside the Jalna Branch Library) (519) 686-8600; Monday-Friday 10:00 am - 3:00 pm. No appointment necessary. ➤ Westminster Satellite hosted by South London Neighbourhood Resource Centre - Serves postal codes N6C, N6E, N6N, N6Z 650 Osgoode Drive. Appointment required. Call (519) 280-3328. 2nd Wednesday of the month <u>ONLY</u>, from 1:30 - 3:00 pm. ➤ Southcrest Satellite hosted by South London Neighbourhood Resource Centre – Serves postal code N6J Mount Zion United Church @ 471 Ridgewood Cres. Appointment required. Call (519) 280-3328.

Meal Programs and Food Bank Locations

Meal Programs and Locations	Food Bank Locations
<p>The Salvation Army Westminster Park Community Church 1190 Southdale Road East @ Millbank Dr</p> <p>Youth Action Centre - Youth 16 to 24 Years Old Only Program 332 Richmond St @ York St</p>	<p>1st Wednesday of the month <u>ONLY</u>, from 1:30 - 3:00 pm.</p> <p>➤ St. George's Anglican Church - Serves postal codes N6A, N6C, N6H, N6J 227 Wharncliffe Rd, appointments preferred, call (519) 438-2994 3rd Friday of the month <u>ONLY</u> 11:30am - 1:30 pm.</p> <p>LUSO Community Service's Emergency Food Cupboard - Serves postal codes N5Y, N5V, N5X & N5W 1100 Victoria Dr, Tuesday/Thursday 8:30 am -12:00 pm & Wednesday 1:30 – 4:30 pm. Clients can drop-in once a month and must bring IDs for every household member and proof of income.</p> <p>St. Paul's Social Services (a.k.a. Paul's Place) Food Bank and Fellowship Centre 472 Richmond St. Food bank: Monday to Friday 9:00 - 11:30 am, except holidays.</p> <p>Society of St Vincent de Paul - Food Vouchers Contact any Catholic Church to arrange a home visit to discuss your needs. A food voucher may be issued.</p> <p>Springbank Catholic Family of Parishes St. John the Divine Parish: @ 390 Baseline Road West. Hot meal, dine-in every Tuesday 5:00 - 6:30pm</p> <p>Western University Community Centre – Food Support Services Western University students and staff only; hygiene products, diapers, non-perishable food. Confidential through: https://westernusc.ca/services/food-support-services, or email foodsupport@westernusc.ca</p> <p>Western University - PSAC Local 610 Food Bank For unit 1 and 2 members of PSAC Local 610 <u>ONLY</u>. Grocery store vouchers. Apply at www.psa610.ca/benefits-1.</p>
<p>Supporting Organizations Coordinating Meal Programs:</p> <p>St. Aidan's Anglican/Riverside, Kirkton, Woodham, Thames Road-Elmville United, Colbourne Street United Church, St. Michael's Roman Catholic Church, Grace Anglican Church (Ilderton), St. George's Church (Middlesex Centre), Siloam United, Valleyview Mennonite.</p> <p>*The meals provided at St. Michael's Catholic are a collaborative activity of Northern Hospitality which includes Colborne United, New St. James Presbyterian and St. Michael's Catholic.</p>	<p>Youth Action Centre – Youth Opportunities Unlimited Food Bank 15th of each month at 3:00 pm.</p>