

March 2024 Meal Program and Food Bank List

Ark Aid Street Mission

696 Dundas Street

Calvary United Church

290 Ridout Street South @ Garfield Avenue

Church of the Ascension

2060 Dundas Street (between Speight & Carlyle)

Dundas Street Centre United Church

482 Dundas Street @ Maitland Street

Elmwood Presbyterian Church

111 Elmwood Avenue East @ Cathcart Street (West door) Dew Drop In is coffee, tea and light snack.

First Baptist Church

568 Richmond Street @ Albert Street

Good News Church

476 Clarke Road

Hyatt Mosque - Muslim Soup Kitchen

282 Hamilton Road @ Little Hill Street

London Youth for Christ - Streetlight Bus

568 Richmond Street @ First Baptist Church

London Coffee House

371 Hamilton Road

My Sister's Place - Women's Only Program

566 Dundas Street (between William & Adelaide)

Rowtree Memorial United Church

156 Elliot Street @ Cheapside Street

Springbank Catholic Family of Parishes

St. John the Divine Parish @ 390 Baseline Road West

St. Andrew Memorial Church

55 Foxbar Road @ Wellington Road

St. Francis – St. Martin Catholic Parish

46 Cathcart Street @ Duchess Avenue

St. George's Anglican Church

227 Wharnclyffe Road North @ St. Patrick Street

St. James Westminster Church

115 Askin Street @ Wortley Road

St. Joseph's Hospitality Centre

602 Queens (St Joe's Café)
9:30am-11am (breakfast) & 12pm-1:30pm (lunch)

St. John the Evangelist Anglican Church

280 St. James Street @ Wellington Street

St. Luke's Anglican Church

1204 Richmond Street North @ Bernard Avenue

St. Michael's Catholic Parish

511 Cheapside Street @ Maitland Street

St. Paul's Anglican Cathedral (Social Services Fellowship Centre)

472 Richmond Street @ Queens Ave

The Church of St. Jude

1537 Adelaide Street North @ Fanshawe Park Road East

Trinity United Church

76 Doulton Street @ Hale Street

Wesley-Knox United Church

91 Askin Street @ Teresa Street

Youth Action Centre

332 Richmond Street @ York Street

Supporting Organizations Coordinating Meal Programs:

St. Aidan's Anglican/Riverside, Kirkton, Woodham, Thames Road-Elmville United, Colbourne Street United Church, Trinity Lutheran Church*, St. Michael's Roman Catholic Church, Grace Anglican Church (Ilderton), St. George's Church (Middlesex Centre), Siloam United, Valleyview Mennonite.
**The meals provided at St. Michael's Catholic are a collaborative activity of Northern Hospitality which includes Colborne United, New St. James Presbyterian, St. Michael's Catholic, and Trinity Lutheran churches.*

Chalmers Presbyterian Church

342 Pond Mills Rd. at Commissioners Rd. E, Wednesdays: 12pm-1pm
Residents of the area only once per month, appointment required, call Tuesdays by 2pm to register 519-681-7242.

Crouch Neighbourhood Resource Centre

The Crouch Community Food Cupboard **Tuesday-Thursday 9am-5pm, Friday 10am-5pm.**

Food, hygiene and baby items are available. Postal codes served are as follows: N5W 0,1,2,3 and 6; N5Y 3; N5Z 1 and 2; N6A 3 and 5; and N6B 1 and 2.

ELUCO (Gethsemane Gardens)

1461 Huron St. (at Sanford St.), Wednesday, Friday: 9:30am-12pm

Appointment required, 519-451-0600 (for area residents only)

Families First CAPC White Oaks (South London Community Centre)

1119 Jalna Blvd. Monday - Friday: 10am-3pm

Families First CAPC Westminster

Family Centre Westminster

690 Osgood Drive, Monday - Friday: 9am-12pm - Call first: 519-649-1248

Glen Cairn Community Resource Centre

EMERGENCY FOOD KITS AVAILABLE

244 Adelaide St S (Between Thompson and Commissioners)

Centre Market Open Monday, Tuesday and Thursday 9:30am-2:30pm. Wednesday: 9:00am to 12:00pm.

***Must Provide proper ID (Driver's License, Health card or ODSP/OW paperwork for all that live within the home.** Bread available provided by Holy Trinity St. Stephen's Memorial Anglican Church. Please call 519-668-2745 or email jwalmsley@gccrc.ca for more info.

London and Area Food Bank

Permitted postal code areas only for each depot

926 Leathorne at Adelaide, 519-659-4045, Mon-Fri: 9am-4pm

LUSO Community Services – Emergency Food Support Service

LUSO Community Resource Portable – 1100 Victoria Drive

Tuesday & Thursday 8:30am-12pm, Wednesday 1:30-4:30.

***Must bring valid ID for all household members and proof of income. One visit per month. For families/individuals living in N5Y, N5V or N5X postal codes.**

Satellite London Food Bank Locations (you *may not* visit both the main and satellite locations)

1. NE Food Bank Depot @ various locations in NE London (every Wednesday & Friday), clients have to register for an appt to pick-up food (call LUSO 519-452-1466 or email community@lusocentre.org), **N5V & N5Y & N5W**
2. St. George's Anglican Church, 227 Wharnclyffe Rd. N, 11:30am-1:30pm (3rd Friday), **N6A, N6C, N6H, N6J**
3. NW Food Bank Depot @ Northwest London Resource Centre, 1225 Wonderland Rd. N, 10am- 3:30pm (3rd Tuesday), **N6G, N6H**
4. Crouch Food Bank Depot, 209 Egerton St., Fridays 1:30-3:30pm, drop-in

Mental Health Self-Care Association

Emergency food bags are available bi-weekly at the winter Pop-up table on Thursdays from 1-3pm at East Lions Community Centre. *Bi-weekly rotation for the new year begins on January 4th, 2024.* This is a first come first served basis, with no ID required.

For more information, visit our website at www.mhselfcare.ca or contact us by calling, texting or email.

226-234-7956 or mhselfcare@hotmail.com.

Northwest London Resource Centre Emergency Food Cupboard

27A - 1225 Wonderland Rd. N, Open Monday-Friday 10am-3pm (for residents of N6G and N6H). Call 519-471-8444, email info@nwlrcc.ca, or visit nwlrcc.ca

Society of St Vincent de Paul - Food Vouchers

Contact the secretary or priest of any Catholic Church to arrange a home visit from a volunteer to discuss your needs. A food voucher may be issued.

South London Neighbourhood Resource Centre

Neighbourhood Food Bank - Once a month visits, clients can access this service once a month and must bring a valid piece of ID for everyone in the family. Mobile Food Depot - Wed 1:30-3:30 at St John the Divine (appointment needed call 519-280-3328). Each household can only access one food bank once a month including these locations.

Springbank Catholic Family of Parishes

Now serving hot meal, dine-in every Thursday, 5pm-7pm at St. John the Divine Parish @ 390 Baseline Road West

St. Paul's Social Services Food Bank

Now serving dine-in meals @ St. Paul's Social Services Fellowship Centre at 472 Richmond Street.

St. Paul's Social Services Food Bank is open Monday to Friday from 9 am to 11:30 am, excepting statutory holidays. Meals are served every Thursday starting at 11:30 am until 12:30 pm in the Fellowship Centre at St. Paul's." Entry off Clarence Street during construction. ***Baby food available***

The Salvation Army London Community and Family Services

The Salvation Army Food Bank is open Monday – Friday – 9am-1pm by Appointment Only:

Monday: Westminster Park 1190 Southdale Road East,

Tuesday: London Citadel 555 Springbank Drive,

Thursday & Friday: Hillcrest Community Church 310 Vesta Road (Closed the last Friday of the month)

Wednesday: Centre of Hope * ***N6B RESIDENTS ONLY *NO APPOINTMENT AT THIS LOCATION ONLY**

To Request an Appointment: Call 519-660-5884 Ext. 106 or visit londoncfs.ca/programs-services/bnp

Calls and emails will be returned as soon as possible. Email is preferred.

Appointments are booked a minimum 1 week in advance. Same day bookings/reschedules are not available.

Please do not call locations as they cannot assist you with an appointment.

Western University – Food Support Services

Hours: Monday to Friday, 10am-3pm, on Wednesday's open until 5pm

Location: University Community Centre, for students and staff of Western University only.

Hygiene products, diapers, and non-perishable food available. Confidential food hampers can be ordered through our website. For more information visit our website at: <https://westernusc.ca/services/food-support-services/> or email foodsupport@westernusc.ca

Western University - PSAC Local 610 Food Bank

For unit 1 and 2 members of PSAC Local 610 only Grocery store vouchers provided to members in need.

Application available at www.psac610.ca/benefits-1

Youth Action Centre

332 Richmond St. @ York St., 226-777-0116 ext. 3

Lunches served 10am-4pm (until we run out) Monday- Friday for ages 16-24 in age

Dinners served at 4pm daily for ages 16- 24

